

# Hospice Africa Limited Annual Report 2014-15

## Twenty-second Annual Report

1<sup>st</sup> April 2014 – 31<sup>st</sup> March 2015



Registered Charity No. 1024903

Registered Company No. 2835469

# **Contents**

## **REPORT OF THE DIRECTORS AND TRUSTEES 2014-2015**

Legal & Administrative Information

Founding Principle

The Story of Hospice Africa

21<sup>st</sup> Birthday Celebration at the Liverpool Anglican Cathedral

Structure, Governance and Management

Funding, Supporters & Donors

Charity Shops

Contributions in kind

Other Fund Raising Events

Palliative Care activities supported by Hospice Africa UK in 2014-15

Uganda

Give a Chance

A reflection by Celia Stephenson

Financial Review

Reserves

Investment Policy and Performance

Risk Management

Future Developments

Strategy

Auditor and Independent Examiner

Accounts

**HOSPICE AFRICA LIMITED  
REPORT OF THE DIRECTORS AND TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2014**

**Legal and administrative information**

**Company number** Registered in England No. 02835469

**Registered charity number** Charity Commission No. 1024903  
HM Revenue & Customs No XR 3072

**Directors and Trustees**

G. Faulks (Hon. Deputy Chair)  
D. Haynes (Hon. Secretary)  
K. Holden (Hon. Treasurer)  
C. Ion  
B. Jack  
A. Merriman MBE  
C. Merriman  
M. Merriman  
D. Phipps  
L. Phipps MBE  
A. Vassie (Hon. Chair)

**Company Secretary** D Haynes

**Registered Office**

16 Arden Close  
Southport  
PR8 2RR

**Independent Examiner**

Roger Hughes  
Lower Farm  
90 Brimstage Road  
Heswall  
Wirral CH60 1XQ

## HOSPICE AFRICA LIMITED REPORT OF THE DIRECTORS AND TRUSTEES CONTINUED

The Trustees, who are also the Directors of the charity for the purposes of the Companies Act, present their annual report and the financial statements for the year ended 31 March 2015. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP 2005) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

### Founding Principle

The founding principle for Hospice Africa in 1993 was to support the introduction of affordable and culturally appropriate palliative care across sub-Saharan Africa - an enormously bold ambition both then and now. The initial vision emerged from an awareness of the terrible suffering experienced by cancer patients in Africa and led to the following objectives:-

- To provide an appropriate palliative care service to patients with cancer and/or HIV/AIDS and their families
- To promote and provide palliative care training for health care professionals across sub-Saharan Africa
- To facilitate the initiation and expansion of palliative care to all in need as an affordable African model.

### The Story of Hospice Africa

The story of Hospice Africa and how Dr. Anne Merriman's vision became a reality remains wonderfully encapsulated in the Founder's book, 'Audacity to Love', which continues to be available. In the book, Dr. Anne explores the hospice ethos, with the hospice as host and the patient as guest; the spiritual aspects as principles behind hospice care; the challenges faced by the hospice movement; and ultimately, the importance of the special calling of working with the dying.

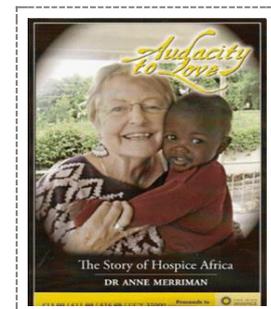
Dr. Anne wrote her book, Audacity to Love, for donors, students of palliative care, medical and support teams, and for anyone who knows in their heart that we can all make a difference.

## Audacity to Love

The story of Hospice Africa  
*bringing hope and peace for the dying*

"I have chosen the title for this book because I believe that the audacity to love is the quality most needed by all those working in hospices, giving palliative care to patients."

*'In palliative care, we are on the coalface of death ...'*



## 21<sup>st</sup> Birthday Celebration at the Liverpool Anglican Cathedral – September 2014

The 21st Birthday exhibition and reception, held in the Lady Chapel of Liverpool's Anglican Cathedral, was a great occasion for all ! The Trustees had put together an exhibition covering several themes ...

HAUK	Kampala	Education
International Programmes	Funding & Charity Shops	
Cameroon & Clifford's story	Nigeria & Hope's story	
Malawi, Ndi Moyo & Mulanje	Tiyanjane, Umodzi & Ethiopia	
Mobile Hospice Mbarara	Little Hospice Hoima	
Money and Goods to Africa	Give-a-Chance	The Future

A steady stream of visitors passed through and viewed the Exhibition on Thursday, Friday and Saturday morning. Several stopped to watch the video 'Uganda: No Country for Old men' which gives a moving account of the pioneering work seeking to bring pain relief to those suffering from cancer in Africa.



On Saturday afternoon, after Choral Evensong where prayers were said for Hospice Africa, over 100 guests, long time supporters, shop volunteers and many others joined the celebration. In a moving address, well known author, Frank Cottrell-Boyce coupled his tribute to Hospice Africa with some personal reflection of a death in his family. "Dr Anne" gave her stirring summary of 21 years developing a service providing care and compassion, and Professor Wilson Acuda described the ongoing developments for the new Institute for Hospice and Palliative Care in Africa.

Then there was a hubbub of conversation as old friends and supporters met and shared in some reception food. A special birthday cake was presented, cut and shared with those attending. It was a fitting occasion presenting a real sense of celebration for the many achievements, but yet a challenge because the need is so great and the resources so far are severely limited across Africa.

Two lovely reflections on the cathedral event and the work of Hospice Africa have been crafted by Ant Conlin. They are available on Youtube by searching for ...

- "HAUK 21<sup>st</sup> Birthday Celebration" → a 9 minute video summarising the event
- "Hospice Africa UK - 21<sup>st</sup> Birthday Compilation" → a 25 minute video



**21<sup>st</sup> Birthday Celebration Collage**

## **Structure, Governance and Management**

The charity is constituted as a company limited by guarantee and is therefore governed by a memorandum and articles of association. The charity's object and principal activity continues to be to provide or support the provision of palliative care to terminally ill cancer and AIDS patients and their families in the African setting.

The Trustees have continued to meet regularly to manage the affairs of the charity. In the UK, the Charity's work continues to be carried out entirely on a voluntary basis. The Honorary Treasurer manages the day-to-day finances of the charity. The Hon. Chair, Hon. Secretary and Hon. Treasurer, with help from other Trustees, have shared the collective duties normally carried out by a Chief Executive.

There is an AGM at the end of June when the trustees, donors, supporters and charity shop staff meet at the Neuro Support Centre in Liverpool. After lunch together, there is the business meeting followed by progress presentations about the ongoing work of Hospice Africa.

The work is carried out in close partnership with the Founder, Dr. Anne Merriman, and there is regular contact with Hospice Africa Uganda (HAU), which is a non-governmental organization and limited company in Uganda. A Corporate Executive Team (CET) comprising of Dr. Eddie Mwebesa - Clinical Director, Bruce Ntege – Finance Director, and Milly Nabakooza Nsubuga – HR & Admin. Director have taken over the responsibilities from the previous CED of HAU, Zena Bernacca, who continues to give some support.

Lesley Phipps, former Hon. Chief Executive of Hospice Africa, has continued as a director of HAU and attends directors' meetings in Uganda where possible.

The Trustees created a full portfolio of policy documents in January 2014 and these have been confirmed as 'fit for purpose' at their January Trustees' Meeting.

The Board of Trustees has the power to appoint additional Trustees as it sees fit within the remit of the Articles of Association.

## **Funding, Supporters & Donors**

The pattern of fundraising remains broadly similar in the UK, year-on-year, through 4 key donor groupings:

- Individual supporters including regular donors by banker's order
- Charity Shop income
- Corporate organisations and groups who make one-off contributions
- Grant Funding donor organisations

The funding from the first three categories continues to be fairly steady. During 2014 HAUUK secured a DFID grant of some £250,000 over three years from the UK Government. This will fund the introduction of the first specifically focused palliative care services for 450 children with cancer in Western Uganda. We will also teach palliative care to 350 undergraduate doctors and nurses at Mbarara Medical School, so that when they qualify and work in the Ugandan Health Service they will be able to use oral morphine to control pain in patients. The grant will also fund the training

of 40 Community Volunteers in basic care to provide nursing support to isolated patients in their homes, especially in areas where there are no nurses. The result is that the impact of the grant will be both immediate and also long-lasting on the lives of poor cancer patients in Uganda.

Trustees wish to gratefully acknowledge the support of individuals and organizations, nationally and internationally, who have given funds for palliative care in Africa. General donations from individual supporters continue to be an important source of income. Several supporters have organised sponsored walks or other sponsored events and we are grateful for their energetic initiatives.

Cheques, made out to "Hospice Africa" can be sent to the Honorary Treasurer at 67 Menlove Avenue, Liverpool L18 2EH. Online donations can be made at <https://mydonate.bt.com/charities/hospiceafrica>. To donate £5 to Hospice Africa, text HOAF215 to 70070.

There continues to be a reservoir of goodwill that is quite amazing. It is always encouraging to see new friends join the circle of support, but of course, from time to time, old friends depart. The palliative care provision in Africa continues to depend on our network of dedicated supporters here in the UK. We are always grateful for their love and commitment.

### **Charity Shops**

The two charity shops, in Liverpool and Ainsdale, continue to provide a key source of funding. The team in the Liverpool shop continues under the leadership of Peter & Ann Purcell. The area at the back of the shop has recently been extended to provide more storage space. Pauline Collier co-ordinates the volunteers and organisation at the Ainsdale Shop. A new development there is the use of ebay to sell some higher value items.

The volunteers are very hard working and continue to support the shops and sustain a regular income of some £42,000 profit for the year. Once again, the Trustees would like to take this opportunity to acknowledge the enormous help of all those volunteers who work in the shops, day after day, week after week.

### **Contributions 'in kind'**

Our Trustees collect old medical products from hospitals and store these until there are sufficient to be sent to Africa. Recently a consignment of 38 large boxes of colostomy goods and 21 boxes of mixed woollens (mainly blankets, children's clothing, teddies) plus various sheets, duvets, duvet covers and towels, was sent to Uganda. In addition, 20 sacks of medical goods which would not be useful in Uganda and would previously become landfill have been passed to another charity which will transport these goods to Africa.

Dr. Anne's appeal for bedding for Fazzal and Katerega House guests has resulted in donations of 4 brand new duvets, and, mainly from the charity shops, approximately 20 sheets, 20 duvet covers and 10 assorted towels.

There continues to be a dedicated group of knitters in Southport who produce knitted toys for children at Hospice Africa Uganda and in Mulago Hospital, Kampala. The toys are very much appreciated by the children.

### **Other Fund Raising Events**

We continue to receive income from a variety of fund raising events:

The *Hospice Africa Quiz Night*, held in Crosby in March, was well supported and hotly contested, with participants enjoying the droll humour of Quizmaster John Nelson. Mike Merriman acts as host with good support from other Trustees and his team from the Campion Tennis Club.

The *Sponsored Wirral Cycle Ride* round the Wirral Way was again a very enjoyable activity in June, the day before the last AGM. It provides an opportunity to give visibility to the existence of Hospice Africa. Sponsorship for the 2015 event is possible via the website

<https://mydonate.bt.com/charities/hospiceafrica>

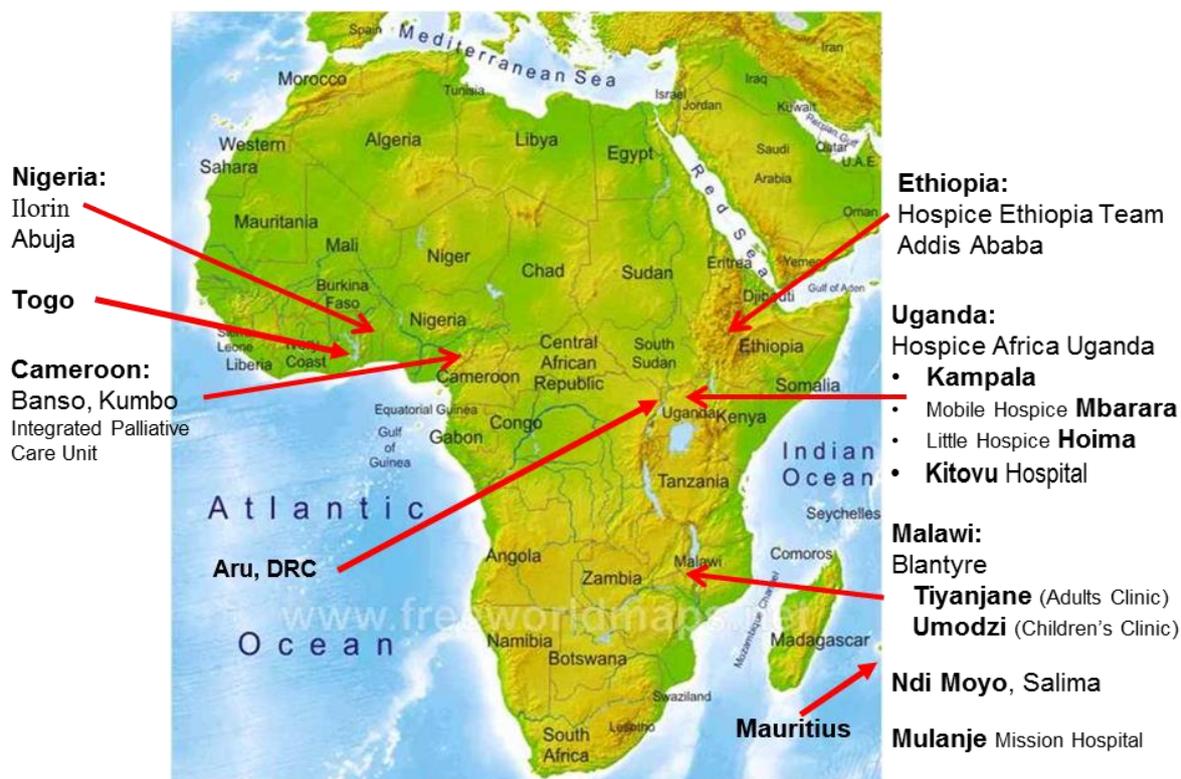


We rely on all that our supporters do, whether it is working in the shops, organizing fund-raising, or acting as advocates, raising our profile. Our supporters help to ensure that with the hospice work is a reality and a source of hope and comfort to many.

### **Palliative Care activities supported by Hospice Africa UK in 2014-15**

The Palliative Care work continues in the various dedicated teams, in many ways still pioneering pain control for cancer and AIDS sufferers in their respective locations across Africa. Reports provided for HAUUK indicate the nature of the palliative care service in each location and the teams involved. The chart on page 10 displays the key locations supported by HA UK.

We also support The International Programmes Team which currently has 6 members. They are based in Uganda but travel to other African countries on request to give advice and train staff. Their history and vision is to promote affordable oral morphine, visiting where necessary, but also supporting the provision of palliative care training programmes in Uganda.



	<b>Location</b>	<b>Nature of Activity</b>	
PC Projects in Uganda	Kampala  Mbarara Hoima Kitovu	Home care from three sites. Kampala PC Clinic & training courses Mobile Hospice Mbarara PC Clinic Little Hoima Hospice PC Clinic Kitovu Hospital PC Clinic	
PC Projects in Cameroon	Banso Baptist Hospital	Home care and training courses in French and English	
PC Projects in Malawi	Queen Elizabeth Hospital, Blantyre  Salima	Home and hospital care Tiyanjane PC Clinic for adults, Umodzi PC Clinic for Children, both with teaching Ndi Moyo PC Clinic (home care and clinic)	
PC – Project in Ethiopia	Addis Ababa	Hospice Ethiopia, home care	
PC – Projects in Nigeria	Ilorin University	Ilorin University Hospital and home care and PC clinic and teaching	
	UCH, Ibadan	Nigeria lead in home care, teaching and hospital consultations	
	University of Enugu Teaching Hospital	Home care, hospital care and teaching	
Education Programme in Uganda	Kampala, Mbarara, & Hoima	Funding for African students on the PC degree, diplomas and short PC courses. 12 Francophone and 7 Anglophone countries represented this	

		year in Uganda on the Initiators programme.	
Support for International Programmes including Advocacy and Initiation of Palliative Care.	Visits to Ethiopia, Malawi, DRC (Congo), Nigeria, Togo, Mauritius.	Based at Hospice Africa Uganda in Kampala, the IP Team supports clinical programmes in Palliative Care in a variety of African countries.	
	Training visits from Port Harcourt, Nigeria, Rwanda, DRC,	Pharmacists and doctors come to see our service and the morphine production unit which now makes morphine for all Uganda needs	
Countries visited and supported in their own countries	Ethiopia, Nigeria, Malawi, DRC	Included assessments and training by the International Programmes Team.	

## Uganda

The CED of HAU, Zena Bernacca, retired in summer 2014 and we pay tribute to the stabilising wisdom and guidance she gave to HAU management and operations over three years. A Corporate Executive Team (CET) comprising of Dr. Eddie Mwebesa - Clinical Director, Bruce Ntege – Finance Director, and Milly Nabakooza Nsubuga – HR & Admin. Director have taken over the responsibilities from the previous CED.

The CET Team has been pro active in trying to take HAU forward with the looming concern that there is likely to be a significant funding shortfall at HAU after the end of the main USAID grant in Autumn 2015. Under recent arrangements put in place by DFID, HAU can now apply directly to UKAID and other UK donors for grants. They are actively pursuing this opportunity.

The Institute for Health and Palliative Care in Africa continues to manage the educational arm of the work in Uganda. The intention is for IHPCA to be independent of HAU but there are legal snags which are delaying progress to independence.

In January 2015, ? students from Makerere University (? Bachelor's degrees and ? receiving Diplomas in Palliative Care). Graduates, families and staff celebrated years of hard work with their graduation.

**Picture of 2015 Graduates here?**

## Give a Chance

Many cancer patients worry that their children will be left with no parents or the parent who cares for them most will die. A few years ago, a London School raised £3000 to start a project called “**Give a Chance**” which paid for the school fees of 32 orphans. Hannah Merriman has continued to keep this project alive by organising further funding from the UK. A social worker visits each of the children on the project each term to find out how they are doing and the extent of their needs.



Celia Stephenson, one of our founding trustees in 1993, wrote this very poignant poem some time before she died ...

### WHY NOT ME - A reflection by Celia Stephenson

I was born into a loving family- why me?  
I had all the necessities of life - why me?  
I had a good brain - why me?  
I had a good education, including University (all free) - why me?  
I always had a well paid job - why me?  
I worked in Africa, saw children dying of incurable diseases - why them?  
I saw families struggling to feed themselves, to earn enough to educate their children - why them?  
OK! so I got cancer twice - why NOT me?

## Financial Review

The Statement of Financial Activities shows the income of the charity fell from £198,377 last year to £??, partly a result of lower grant income. Resources expended fell from £183,660 last year to £??. There was a net decrease in funds for the year of £?? and the reserves stand at £?? in total. General donations from individual supporters have remained an important source of income along with a variety of fundraising events.

Charitable expenditure rose from £164,271 to £??. The continuing ability of Hospice Africa Uganda (HAU) to attract funding directly and stand alone as an independent organization is enabling Hospice Africa to continue to use some of the general funds to assist new and recently established palliative care projects in other African countries. This year the total funding for projects in countries other than Uganda was £??. The Trustees have reviewed the application of funds for the coming year and are satisfied that they can maintain the required level of funding.

## **Reserves**

Because the Charity employs no staff, except on a voluntary basis, all of the income raised, apart from a small amount of governance expenditure, is used directly for the work of the Charity on its core objective of palliative care on the African continent. The Trustees have continued to allocate £30,000 held as a general reserve for emergencies in any of the projects. Any remaining reserves are available for supporting work in Africa.

## **Investment Policy and Performance**

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the Trustees see fit. To date the Trustees have made use of high interest and term bank accounts to maximise interest received.

## **Risk Management**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of all the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

## **Future Developments**

As in previous years, it is certain that the demand for palliative care in Africa will be huge and ongoing. HA UK will continue, as far as possible, to support this work and pursue the enduring vision of palliative care for all in need. The Trustees are aware that the funding climate is challenging. However, our Founder Dr. Anne's book, 'Audacity to Love', tells a compelling story of the solid record of achievement to date. The Trustees are seeking to ensure the work can continue with the help of our many supporters, both individual and corporate.

## **Strategy**

The strategy for Hospice Africa UK is embedded within the strategic vision of Hospice Africa. HA UK is committed to :-

- Support for the educational programmes based in Kampala, including teaching qualifications for palliative care health professionals. This supports the improvement of the wider expertise in palliative care across the African countries. Currently, HAUK is providing approximately £20k per annum funding the fees for several students who would otherwise be unable to undertake their study.
- support for the Founder and for the International Programmes Team. This is a priority since this is pioneering work which assists in the initiation and support of new programmes of palliative care in African countries.

- Support for palliative care centres in Africa newly formed and establishing or extending their basic palliative care services.

Trustees are expecting to conduct an in-depth strategy review during 2015.

### **Auditor and Independent Examiner**

A resolution proposing Roger Hughes, Chartered Accountant, is reappointed as the charity's auditor or independent examiner, as appropriate, will be put to the Annual General Meeting.

### **Approval**

This report was approved by the Board of Directors and Trustees on 18<sup>th</sup> May 2015 and signed on its behalf by

**Ann Vassie**

**Hon. Chair**