



Hospice Africa

June 2011



Helping to develop palliative care in Sub-Saharan Africa

In this newsletter

- ◇ AGM 2011
- ◇ International Programmes
- ◇ Fundraising events
- ◇ Starting in Rwanda
- ◇ New book launched
- ◇ Progress in Malawi
- ◇ Cameroon success
- ◇ Ethiopia beginnings
- ◇ Award for Trustee

AGM 10th July 2011

All are welcome to this years AGM which will be held at the usual venue, NeuroSupport Centre, Norton Street, Liverpool, L3 8LR. A buffet lunch will be served from 12.30pm and the meeting will commence at 2pm. Dr Merriman, will be describing recent work. For further details see our web site. www.hospiceafrica.org

International programmes become the focus....

Hospice Africa (HA) has been at the centre of developments in palliative care in Sub-Saharan Africa for almost twenty years now. Founded in 1993, HA has remained committed to its original aim of providing, or supporting the provision of, palliative care in Sub-Saharan Africa for cancer and HIV/AIDS patients with chronic pain

In that time HA has mainly operated through Hospice Africa Uganda (HAU). Most of the funding raised by HA has gone to support HAU, though other groups have also benefitted. Since 1993 HAU has grown from a very small seed into a large organisation with over 100 employees in the three centers, Kampala, Hoima and Mbarara. Today, much of the core income for HAU comes from donors other than HA, though HA still provides funding in emergencies and to fill gaps where other donors are not available.

With this in mind the Trustees of HA have decided to focus more attention on supporting programmes in countries other than Uganda. This won't mean a break with HAU, as the development of palliative care in other countries will depend heavily on training through the Diploma and Degree operated by HAU and Makerere University, Kampala. What HA will be doing is helping to provide funding to support the development of new initiatives. This will include supporting Catherine Nawangi in her exploratory and support visits, providing scholarships for students and start-up grants for initiators.

Hospice Africa already has links with Malawi, Cameroon and Nigeria and preliminary work is ongoing with Ethiopia and Rwanda and it is hoped that as suitable opportunities arise more will be added.



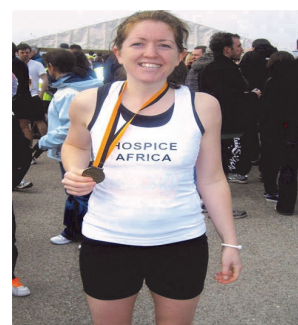
Graduates of the International Initiators programme held in October 2010 with Dr Anne Merriman (3rd left) and Catherine Nawangi (left).

Fun and fundraising events.....



A sponsored cycle ride on the Wirral Way attracted an enthusiastic group of supporters ranging in age from 7 to 70.

Quiz Night –Thanks to our quiz master John Nelson and his team for an enjoyable evening. John's best trick is to make even the oldest jokes sound good! Thanks to Champion Tennis Club for hosting the event.



Half Marathon— Congratulations to Amy Barnes who successfully completed her run in aid of Hospice Africa.



Starting in Rwanda.....

Palliative care in Rwanda is still in its infancy. The service there was set up in July 2010 when Catherine Nawangi visited for a month to help with advice and support. The need for palliative care is huge as there is no radiotherapy or chemotherapy provision in Rwanda

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 Hon. Treasurer, HOSPICE AFRICA
 67, MENLOVE AVENUE
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Please pay to Allied Irish Bank (GB) Ltd, 1 St Paul's Sq, Old Hall St Liverpool, L3 9PP for the credit of **Hospice Africa Ltd**. A/C No. 14629-082

Sort code 23 84 03 the sum of

£.....(.....) on the..... day of 20__ and the same annually / quarterly / monthly thereafter.



Gift Aid Please tick if appropriate.

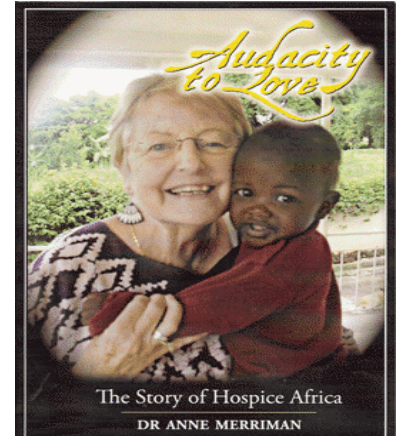
I pay UK income tax and I would like Hospice Africa to reclaim tax on donations I have made since 6th April 2011 and any future donations.

Signed.....

Date.....20...

Audacity to Love—The Story of Hospice Africa

Interested in finding out more about Hospice Africa? Dr Ann Merriman's book "Audacity to Love" is a must! Dr Anne describes how Hospice started, its many growing pains and its achievements. Read about the key success in changing Ugandan Law to allow Hospice trained staff to prescribe oral morphine, but most of all read the many stories of help and relief.



Progress in Malawi

Dr Mike Basler has devoted a lot of time and energy to raising funds for **Mulanje Mission Hospital Clinic** – and they have purchased a vehicle for use for outreach services. There is now a chemotherapy clinic each week.

Dr Nerys Hughes and her partner Ben Tullis have recently spent 6 months in **Salima**, working to provide PC services and Ben has been using his IT skills to update the computer system; both of them have been part funded by HA.

At **Tiyanjane**, the team have recently been able to purchase a motorbike to assist with outreach services and they have been able to provide training for an Opiate Prescriber's course.

At **Umodzi** work continues supported by HA through a grant from the Diana Princess of Wales Memorial Fund.

News from Cameroon

Until recently Dr Catherine D'Souza was the only authorised morphine prescriber in **Banso Palliative Care Unit**. Now Eric Ndzi has now been trained and is also authorised to prescribe. Dr Gillian Goldberg has recently gone to Cameroon to replace Dr D'Souza. There has been a great emphasis on training and raising awareness in the community; two of the nurses from Banso have now started on the CPCC course at HAU, funded by HA. In addition, there was a recent 45 minute broadcast at BUI Radio Station to inform the community how to access the palliative care services available.

Ethiopia.....

A palliative care task force has been established, headed by Sr Tsigereda of Hospice Ethiopia. They are hoping to set up a palliative care clinic at St Paul's hospital in Khartoum and one training programme has already taken place.

Trustee to visit Palace for an award.....

Lesley Phipps, a founding trustee, and for many years Honorary Chief Executive, was awarded an MBE in the Queen's New Year's Honours List for "Services to Palliative Cancer Care in Africa". The award recognizes the key role she has played as Trustee and Board member both for Hospice Africa and Hospice Africa Uganda. However, she is keen to stress that the award is also the result of the work of the many people who have supported Hospice Africa over the years. Lesley is looking forward to a visit to Buckingham Palace in June for the investiture.